

Bay Leaves

The official news magazine serving the village of Whitefish Bay
WISCONSIN

Thanksgiving Garbage/ Recycling Schedule

Collection for residents who normally get their trash and recycling picked up on Thursday, November 28 will have it picked up TWO DAYS EARLIER on Tuesday, Nov. 26.

Collection for residents who normally get their trash and recycling picked up on Friday November 29, will have it picked up TWO DAYS EARLIER on Wednesday, Nov. 27.



Cooking is Love: Meet Alamelu Vairavan and her Family



Best Version Media

Photo: Boutique Photographer Linda Gumieny



Elements Therapeutic Massage Not all Massage is Created Equal

Relief from back and neck pain, reduced stress, increased circulation, and an improved range of motion are just a few of the many benefits that Elements Therapeutic Massage in Whitefish Bay can offer you. A therapeutic massage is medically proven to support your health and wellness because it offers a drug-free, non-invasive and humanistic approach to your well-being based on your body's natural ability to heal itself.

Aimee Matchette is the owner of Elements Therapeutic Massage in WFB and is also the Area Director for the state of Wisconsin where she markets franchise opportunities, helps the new owners get their studios open and provides ongoing support once they are up and running. Aimee joined the Elements Massage franchise in November 2007 and opened the WFB studio in April 2008. Before that, Aimee was a CPA working at Ernst and Young, Rockwell Automation and then at a local accounting firm working with small businesses. It was working with those small businesses that helped Aimee believe that she could be a successful business owner. "After my

due diligence, I decided that I liked both the Elements model in addition to the concept of being an Area Director where I could continue providing small business consulting services to other business owners." In addition, Aimee has been active in the WFB Business Improvement District serving on the inaugural board for three years.

Aimee's staff of highly skilled therapists has a combined 65+ years of experience and addresses your needs through proven techniques that deliver a truly therapeutic experience. "My amazing staff has helped make Elements Therapeutic Massage so successful. From the wonderful customer service at the front desk to the unforgettable massage therapy, we have been able to bring health and wellness to the community." Starting five months after Elements opened, they have been recognized as the Best Massage in Milwaukee by consumers in the A-List Best of voting

– an honor they have now held for four straight years!

The most rewarding parts of being a business owner for Aimee are providing jobs in a challenging economic environment, creating new relationships with clients and business associates and giving back to the community. "We have had clients come into the studio that can barely walk who leave standing upright with smiles on their faces. Whether it is helping a stressed out mom have more patience with her kids, an avid runner keep his muscles loose to prevent injuries or providing prenatal and postnatal care for a new mother, massage is truly life changing."



Aimee and her staff invite you to experience the rejuvenating benefits of massage therapy today and discover the positive effect it can have on your body and your well-being. Elements Massage is open Monday through Saturday 9am – 9pm and Sundays 9am – 7pm.



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Publisher Team:

Publisher: Michael Wingertzahn
Content Coordinator: Sarah Blankenheim
Designer: Colleen Cullerton Dunkel

Deadlines:

<i>Content Due:</i>	<i>Edition Date:</i>
January 23rd:	March
February 23rd:	April
March 23rd:	May
April 23rd:	June
May 23rd:	July
June 23rd:	August
July 23rd:	September
August 23rd:	October
September 23rd:	November
October 23rd:	December
November 23rd:	January
December 23rd:	February

News Magazines usually hit mailboxes the first week of the month. Dates may vary depending on the post office.

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- Whitefish Bay

Contact: Mike Wingertzahn Phone: (262) 292-1477
Email: mikew@bestversionmedia.com

Important Phone Numbers:

Emergency.....	911
Police Administration.....	962-3830
Police (non-emergency).....	351-9900
North Shore Fire Dept. (non-emergency).....	357-0113
Village Hall.....	962-6690
Public Library	964-4380
Dept. of Recreation & Community Education..	963-3947
Whitefish Bay School District.....	963-3921

Feedback/Ideas/Submissions:

Have feedback, ideas, or submissions? We are always happy to hear from you! Deadlines for submissions are the 23rd of each month. Go to www.bestversionmedia.com and click "Submit Content." You may also email your thoughts, ideas, and photos to: sblankenheim@bestversionmedia.com.



Julie Siegel, Village President
Patrick DeGrave, Village Manager
Kayla Chadwick, Manager's Assistant

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Dear Residents,

November is the month that reminds us to reflect on what we are thankful for. I know life can get hectic, but take a moment to think about what you are thankful for this year. One thing is for sure, you can be thankful for all the offerings that WFB has for you and your family like the Holiday Stroll at the shops on Silver Spring Drive.

The WFB Holiday Stroll is on Friday, November 29 where shops will stay open late and offering specials and treats. Fun for the kids this year include pony rides, train rides, and a visit with Santa and his reindeer. "The Holiday Stroll is an incredible tradition," notes Josh Welsh, President of the BID Board of Directors. "The community comes year after year as our shops put out their best and our streets are filled with spirit." You can even enjoy live scenes in store windows by dancers in full costume from the Milwaukee Ballet School. Start your holiday season out right and don't miss it!



Yours Truly,
Sarah Blankenheim
Content Coordinator
sblankenheim@bestversionmedia.com



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Letter from the Village President



Fall is generally a busy time for the board and this year is no exception. The month of October and the first couple of weeks of November are spent working with staff going over the proposed budget. Staff has been planning this document for months before it is brought to the Board for our consideration and adoption. The Village's 2014 budget is looking good, and we will be able to continue with some large capital improvement projects designed to better manage storm water, as well as work to continue

to improve the condition of the streets, sidewalks and manage the threat of emerald ash borer in an effective manner.

If you haven't done so already, it is worth taking a look at the improvements implemented at Cahill Park. The construction is nearing completion and the park is looking good. The baseball field is gorgeous and has to be one of the nicest fields around. Once again, I have to mention the incredible working relationship between the village, the school district and Friends of Bay Baseball. This is a partnership that has greatly improved the Village.

There are two other large construction projects currently underway. The new public works building, at the intersection of Lydell Ave and Fairmont Ave is well underway and scheduled to be completed this winter. Also, site preparation at the Beaumont Place apartments is coming to an end and construction is starting in earnest. This fall the new storm sewer was installed in the alley and connected to a new manhole in Consaul Place. WE Energies has spent a good portion of the early fall relocating gas and electric services that were previously traversing the footprint of the new building under the parking lots and in the alley behind Silver Spring. Their work has come to an end freeing up the site for construction.

The first major work will be the installation of an earth retention system. This system will consist of installing steel sheeting wall that will be put in around the entire perimeter of the site. This forms a water tight barrier to keep the basements dry and holds up the sides of the excavation until the basement is poured.

After this wall is installed from above, the earthwork contractor will begin excavating the site from the east to west and the 10 hour lot will be taken out of service. Parking will remain in the two hour lot until approximately two weeks after the excavation starts at which time the two hour lot will be taken out of service. The lot along Santa Monica will remain in service.

The Great Pumpkin Festival was a huge success. Thanks to the hard work of the Civic Foundation and all their volunteers, residents turned out in large numbers to enjoy the sights, smells, music and food, along with the numerous pumpkins. Don't forget to come out and support our business district this fall as they support the parade the day after Thanksgiving. Also, please, please shop on Silver Spring for all your holiday shopping. The businesses on Silver Spring are important to the village and your support is necessary to retain a vital business district.

I want to personally welcome some new members to our staff. The police department has hired two new officers, Derek Bonkoski and Michael Bohn, as well as clerk Annie Olson. Additional new staff include assistant to the finance director Angel Rice, assistant clerk Caren Brustmann, engineering tech Spencer Charczok, and garbage collector Kris Raash.

Enjoy the holiday season and thank you for your continued support.

Julie Siegel
Village President

Property Tax Information

Property tax bills will be mailed to property owners in mid-December. If paying in full, payment is due no later than January 31, 2014. Taxes may be paid in installments by the following statutory due dates:

- 1st Installment due by January 31*
- 2nd Installment due by March 31
- Final Installment due by May 31

*All special assessments, delinquencies and/or other charges on the tax bill are due with the first installment payment by January 31st.

Village Hall is open Monday – Friday from 8:00 am to 4:30 pm. Tax payments are processed regularly with updates and printable receipts available on the Village website at www.wfbvillage.org. The Village has a lock box located in the entryway of Village Hall for the convenience of property owners wishing to pay their property tax bill during nonbusiness hours.

Tax payments received in the lock box before midnight on December 31st will be processed as paid in 2013. Tax payments received after midnight will be processed in 2014. Unless specifically requested, property tax receipts will not be sent to property owners, receipts may be printed at any time off the village website.

Please note that Village Hall will be CLOSED the following dates:

Tuesday, December 24th,
Wednesday, December 25th and
Wednesday, January 1st



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Reminder! Leaf Collection: When and Where

When will leaf pick-up begin?

DPW will begin picking up leaves around mid-October. Specific days are not scheduled for leaf pickup on individual streets. Leaf pick-up is a priority and Staff makes every effort to collect leaves on a weekly basis, but it is dependent on crew availability and the volume of leaves that need collecting.

Where do I place my leaves?

Leaves shall be placed near or in the curb of the street. Please place your leaves away from storm inlets as leaf decay can clog storm sewers and add unwanted nutrients to Lake Michigan.

Can I throw yard waste in the leaf pile?

We encourage property owners to throw yard waste in the leaf piles to preclude a separate yard waste pick-up. Yard waste is plant material such as flowers and garden material. Branches, sticks and other woody material should not be placed with the leaves and should be left on the boulevard for chipping. The woody material makes composting of the leaves more difficult.

What does the Village do with the leaves?

Most of the leaves are temporarily stored and composted at a DNR monitored site shared with the City of Glendale. In the spring the somewhat composted piles are hauled away by a private sod grower and used as bedding material for sod beds.

When is the last day that leaves or yard waste will be picked up?

Village crews will begin their last leaf collection on Nov. 18. To ensure your leaves and yard waste will be picked up in the curb, leaves and yard waste must be raked to the curb by Nov. 18. Leaves raked to the curb after the crews have made their final pass on your street, will not be collected and must be bagged or containerized. The DPW will run yard waste crews to pick-up bagged and containerized material until the first significant snow fall or until Nov. 30. Due to Thanksgiving, the trucks and crew used for leaves are used for garbage pick-up and therefore there will be no leaf & yard waste pick-up from Nov. 25 to Nov. 27.

Chipping and Yard Waste Material Drop Site

DPW will not be chipping branches after Nov. 27. Chipping will resume in April of 2014. Due to winter conditions, the Village is unable to pick-up leaves, yard waste and chipping material from December to April. If you do have material after Nov. 27, and throughout the winter months, you can take and dispose of the material at the Village's transfer station. The transfer station is shared with the Village of Shorewood and is located at 3801 N. Morris Blvd. The transfer station is open from 8 am to 2 pm on:

- Dec.-Mar. on the first Saturday of the month
- Apr.-Nov. on the first and third Saturday of the month

Fees to use the site are \$10 per car, \$15 per truck, van or SUV, \$5 per additional load with a trailer, and \$75 per multi-axle vehicle or dump truck. No construction or demolition debris will be accepted.

Holiday Stroll Open House
11/29: 5 pm - 8 pm

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Whitefish Bay Public Library

For more details visit us at the library or go to: www.wfblibrary.org.



Youth Services

Underground Kids Club: Spy Training Grades 3-5

Monday, November 11 from 4-4:45pm
Learn what it takes to become a spy and hone your spy skills through books, activities, games, and crafts! Register now in person or over the phone

Smart Cookie Club: Spy Training Grades K4-2

Tuesday, November 12 from 4:00-4:45pm
Learn what it takes to become a spy and hone your spy skills through books, activities, games, and crafts! Register now in person or over the phone

Knit&Lit: Teen Knitting Gr 6th-12th

Monday, November 4 & 18 from 7:00pm-8:00pm
Work on projects and practice skills while chatting about books with Miss Valerie! No registration required.

Family Fun at the Library: DIY Mini-Golf Course

Saturday, November 2 from 10:am-noon All Ages. Register now in person or over the phone.
Each family will create their own mini-golf hole from ordinary household objects, then we'll "play through" the finished course!

Adult Services

To register, stop by the Adult Services Desk or call 755-6557.

Qi Gong

Friday, November 8, 10am
The focus during this hour led by Mary Reynolds is to stretch, twist, breathe, and release tension in order to improve our ability to return to daily routines that may be stressful or challenging. Qi Gong practice can

become a daily moving meditation, assisting our minds and bodies to maintain and/or improve function and health. Registration required.

Acupressure

Wednesday, November 13, 10am
Come and join Mary Reynolds as she shares and demonstrates some acupressure techniques to relieve pain for several common conditions, and the indications when someone should seek medical treatment for these. Registration required.

Jim Rice

Thursday, November 14, 6:30pm
Author of "Giant Cheeseheads!: The Giant-Packer Rivalry and the former Giants who helped the Packers become champions"
The Packers VS. The New York Giants face off on November 17. Before the game, come explore the 84 year-old rivalry between these two teams.

Richard Thieme

Thursday, November 21, 6:30pm
Contributing writer & editor of "UFOS and Government: A Historical Inquiry"
Hear how the military and intelligence communities have responded to the phenomena of UFOs. The author has worked as a speaker, discussing an array of themes and topics at different venues with different audiences around the world, including Def Con, a computer hacking conference

Saturday Afternoon Movie

November 23, 2pm
"The Big Wedding" (Rated R)
A long-divorced couple fakes being married as their family unites for a wedding. Starring Robert De Niro, Diane Keaton, Katherine Heigl, Susan Sarandon and Robin Williams. Free tickets available at Adult Services.

Recreation & Community Education Dept.

Fall Program Highlights

Need to get ready for the holidays? Let the Whitefish Bay Recreation and Community Department help! The Recreation and Community is offering the following:

Holiday Entertaining in Style

Instructor: Stacy Joers
Nicolet High School, rm B133
Thursday, November 21
6:30-9:00pm
Registration Fee: \$28.00
The holidays are here and guest are coming over, you want to WOW them but aren't sure what to make. This perfect menu will sure to impress. You will sample: Velvet Consommé, Salt-Crusted Prime Rib Roast with Herb and Horseradish Smashed Potatoes, Bacon-Glazed Brussels Sprouts and Fall Fruit and Wine Compote for dessert.

Holiday Appetizers

Instructor: Stacy Joers
Nicolet High School, rm B133
Tuesday, December 17
6:30-9:00pm
Registration Fee: \$28.00
Appetizer parties are a fun and social way to entertain during the holidays. Come, learn about and enjoy the following, Risotto Stuffed Mushrooms, Layered Pesto Spread with Crisp Garlic Wedges, Tenderloin en Croute with Tarragon Mayo, Smoked Salmon Canapés, and Curried Chicken Salad on Belgian Endive.

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Stop in at the Recreation and Community Education Department to register before these classes fill! Want to be the first to browse our seasonal program guides and learn about upcoming programming before your neighbors? LIKE Us on Facebook! Follow the Recreation and Community Education Department on Facebook for the most recent program information. www.facebook.com/home.php#!/WFB.Recreation

"55 and Better"

Whitefish Bay Community Center Thanksgiving luncheon at Lydell Tuesday November 19: Oven roasted Turkey, Mashed Potatoes, Corn, Rolls, Milk, Coffee and Pumpkin Pie. Entertainment- The Golden Tones Holiday Show
Cost \$7.50 Registration needed one week prior to event.

November deadlines:

"A Christmas Carol" at the Repertory Theater **December 7**
Special lunch 1pm at the theater
2pm matinee show
Cost: \$75 includes transportation from

Lydell. Families welcome. Holiday Pabst Tour **December 19**
Tour the impressive Pabst Mansion beautifully decorated for the holidays, then to Pabst Brewery (Best Place) for lunch and brewery tour with tastings. Cost: \$47 includes transportation from Lydell.

See WFB Junior Kindergarten in Action:

As you plan for next fall, all Whitefish Bay resident children who will be four on or before September 1, 2014, and their parents/guardians, are invited to see Jr. Kindergarten in action at: Cumberland and Richards Schools. Please join us at this special classroom visit/storytime event at your neighborhood school.

Richards School

Tuesday, November 19, 2013
9:30am-10:20am or 1:00-1:50pm
(choose one)

Cumberland School

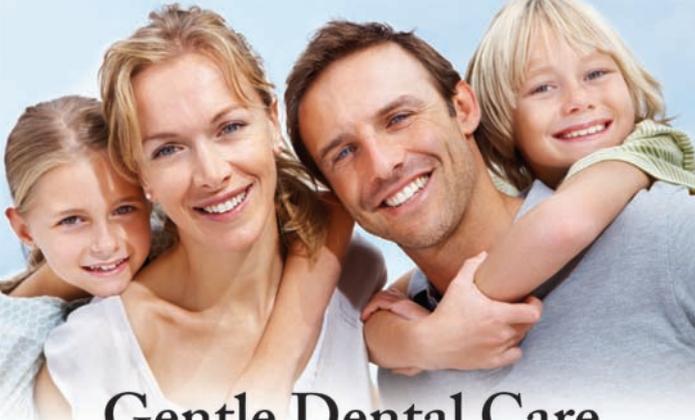
Friday, December 13, 2013
10:00-11:00am or 1:00-2:00pm

(choose one)

Incoming Jr. Kindergartners and their parents/guardians will have a 15-minute visit to a Jr. Kindergarten classroom, and will also attend a 15-minute storytime in the library with our Library Media Specialists, Ms. Roberts and Ms. Suechting.

Principals, Mr. Mark Tenorio at Richards School and Ms. Jayne Heffron at Cumberland School, will greet you and following your visit will make a short presentation and answer questions about our program.

In order to plan for these events, we need you to make a reservation. Please call our school offices at Richards School (414) 963-3951 or Cumberland School at (414) 963-3943 to reserve a spot for you and your child. Childcare will be available at both schools for younger siblings during your visit because it is important that we not disrupt the activities of our current junior kindergarten students. Please indicate your need for childcare when you call.



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North Shore Junior Women's Club

The North Shore Junior Women's Club kickoff their club year with their general meeting Tuesday September 24 at Bayshore Town Center community room 7:30 pm.

The club is an opportunity to meet and make new friends with women while working on service and community projects benefitting a wide array of interests.

This year the club donated over \$1500.00 to a several agencies and causes from the local group Trees from Home to the Juvenile Diabetes Association. The major recipient of the club for this year will be the group Camp Hometown Heroes. This summer club members volunteered at the agency's first summer camp, where children who had lost a loved one in military service had a chance to enjoy a traditional summer camp experience.

Besides service work, club women enjoy social time with gourmet dinner nights and other activities. We welcome questions as well new members.

For more information stop by our Tuesday meeting or contact membership chairs Melissa or Liz at 332-7304.



Kick off the season with the Whitefish Bay Holiday Stroll!

Whitefish Bay will kick off the holiday season with the annual Holiday Stroll **Friday, November 29** – presented by Sendik's Food Market and BMO Harris Bank. Special holiday promotions and shopping specials will be offered throughout the day in downtown Whitefish Bay. The evening features a tree lighting ceremony, food, music, and entertainment, including the annual holiday parade which is scheduled to start at 6pm. Fun for all ages!

Bay Leaves
The official area magazine covering Whitefish Bay & surrounding areas.

The McCabes
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ACTIVE LISTINGS

Address	DOM	List Price
4970 N Diversey Blvd, Whitefish Bay WI	43	\$264,900
5116 N Kent Ave, Whitefish Bay WI	43	\$279,900
818 E Courtland PL, Whitefish Bay WI	42	\$244,900
801 E Chateau Pl, Whitefish Bay WI	43	\$349,000
4783 N Marlborough Dr, Whitefish Bay WI	42	\$359,000
4915 N Berkeley Blvd, Whitefish Bay WI	42	\$225,000
4634 N Cramer ST, Whitefish Bay WI	41	\$819,000
4940 N Cumberland, Whitefish Bay WI	39	\$338,500
5975 N Shoreland Ave, Whitefish Bay WI	38	\$399,900
5075 N Berkeley BLVD, Whitefish Bay WI	35	\$299,900
4821 N Larkin St, Whitefish Bay WI	35	\$246,900
5145 N BAY RIDGE AVE, Whitefish Bay WI	36	\$228,900
4710 Diversey Blvd, Whitefish Bay WI	41	\$239,900
5151 N Idlewild Ave, Whitefish Bay WI	34	\$219,000
6117 N Shoreland AVE, Whitefish Bay WI	34	\$274,900
2211 E Glendale Ave, Whitefish Bay WI	35	\$869,000
4672 N Ardmore Ave, Whitefish Bay WI	28	\$299,900
5011 N Shoreland AVE, Whitefish Bay WI	28	\$249,900
4756 N Oakland Ave, Whitefish Bay WI	28	\$279,900
5340 N Berkeley Blvd, Whitefish Bay WI	21	\$340,000
4849 N Ardmore Ave, Whitefish Bay WI	20	\$459,900
4837 N NEWHALL ST, Whitefish Bay WI	17	\$249,900
5160 N Kent Ave, Whitefish Bay WI	17	\$424,900

PENDING

Address	DOM	List Price
6352 N Berkeley BLVD, Whitefish Bay WI	159	\$940,000
4623 N Morris Blvd, Whitefish Bay WI	92	\$189,900
4744 N Ardmore Ave, Whitefish Bay WI	83	\$245,000
5525 N Berkeley Blvd, Whitefish Bay WI	17	\$519,722
6134 N Bay Ridge Ave, Whitefish Bay WI	42	\$649,900
1531 E Fairmount AVE, Whitefish Bay WI	28	\$453,000
6104 N Berkeley BLVD, Whitefish Bay WI	18	\$895,000

SOLD

Address	DOM	List Price	Sold Price
5101 N Lake Dr, Whitefish Bay WI	190	\$559,000	\$525,000
4785 N Oakland Ave, Whitefish Bay WI	90	\$299,000	\$275,000
624 E Day Ave, Whitefish Bay WI	53	\$729,000	\$705,000
6048 N Kent AVE, Whitefish Bay WI	55	\$519,000	\$506,000
1019 E Meadow Pl, Whitefish Bay WI	110	\$239,500	\$225,000
2034 E Glendale Ave, Whitefish Bay WI	88	\$775,000	\$665,000
5834 N Bay Ridge AVE, Whitefish Bay WI	58	\$339,900	\$325,000
5912 N Santa Monica Blvd, Whitefish Bay WI	58	\$358,500	\$365,000
6251 N Bay Ridge Ave, Whitefish Bay WI	33	\$459,000	\$450,000
4829 N Diversey Blvd, Whitefish Bay WI	70	\$249,000	\$249,000
5105 N Lake Dr, Whitefish Bay WI	74	\$555,000	\$534,000
4900 N Wildwood Ave, Whitefish Bay WI	8	\$387,900	\$387,000
5065 N Woodruff AVE, Whitefish Bay WI	56	\$274,900	\$270,000
5440 N Santa Monica Blvd, Whitefish Bay WI	43	\$399,900	\$393,000
4875 N Cumberland BLVD, Whitefish Bay WI	52	\$559,000	\$530,000
5751 N Bay Ridge Ave, Whitefish Bay WI	55	\$240,000	\$240,000
4766 N Woodruff Ave, Whitefish Bay WI	11	\$215,000	\$208,500
4759 N Berkeley Blvd, Whitefish Bay WI	80	\$259,900	\$255,000
6023 N Lydell Ave, Whitefish Bay WI	18	\$145,900	\$151,000
412 E Hampton RD, Whitefish Bay WI	59	\$259,900	\$247,000
5579 N Santa Monica Blvd, Whitefish Bay WI	35	\$175,000	\$165,000



Your Family Matters to me as your Whitefish Bay Residential Expert.

As a wife and mother, I'm a real estate professional who understands the importance of family. Let me be your family's resource — from local businesses that support our neighbors to family-friendly activities, I'll help to take care of you and yours. Being surrounded by loved ones truly transforms any house into a home...

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Cooking is Love:



It has been quite a journey for Alamelu - from moving half way across the globe, raising a family, writing multiple cookbooks, to having her own cooking show broadcast across the country. Through it all, Alamelu has discovered that "cooking is love" and continues to share this love with others.

Alamelu and her husband, K. Vairavan (often referred to as KV), grew up in India. Alamelu and KV were married a year before he completed his Ph.D. studies in Engineering at the University of Notre Dame. Alamelu joined him at Notre Dame following their marriage. While in Indiana, Alamelu had absolutely no idea how to cook; however, she was eager to learn because it is an important everyday living skill. Alamelu visited her only other family member in the U.S., her aunt, who lived in New York. While there, Alamelu began to learn how to cook from her aunt's personal chef.

After Alamelu and KV had their daughter, Valli, they wanted to move somewhere quaint, where Valli could walk to school. KV was offered a job at UWM as a professor in Electrical Engineering and Computer Science. They discovered Whitefish Bay, which was exactly the type of community they were looking for, so Alamelu and KV moved to their house on Shoreland Ave in 1974, where they have lived ever since. A few years after moving to WFB, they had their son, Ashok. At times, they thought of getting a larger house somewhere else, but no place could compare to their location in WFB, as well as the school system.

Alamelu and KV also enjoyed their neighbors, especially Patricia and Bill Marquardt. Alamelu wanted to continue experimenting with food after her lessons from her aunt's chef. Patricia and Bill could smell the aromas coming from Alamelu's cooking and eventually made their way into her kitchen asking her to teach them. From

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Carol E. Krigbaum
ckrigbaum@krigbaumlaw.com
Jennifer Baumler
jbaumler@krigbaumlaw.com

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Whitefish Bay, Wisconsin 53217
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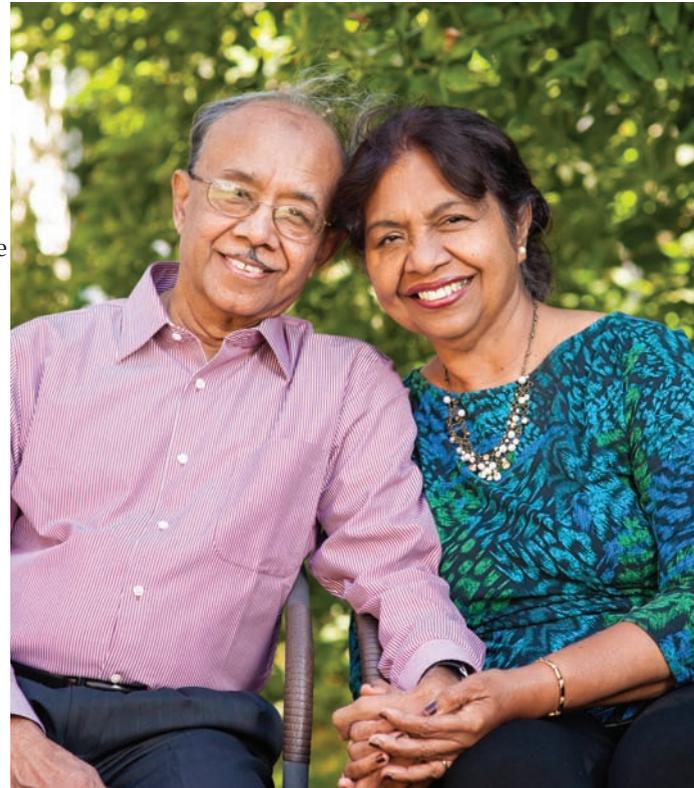
Meet Alamelu Vairavan and her Family

that, Pat would watch Alamelu and then reproduce the dish exactly as the original. They began a great friendship from cooking together. Bill and Pat became like aunt and uncle to Valli and Ashok.

During this experimentation with food, Alamelu was getting her degree from UWM, while also raising her family. It took her 10 years, but she was proud of herself for completing it, after which she found a job as a Director for Health Information Management in a healthcare facility. After Alamelu graduated, KV was enjoying a delicious meal from his wife when he said, "You are a great cook; you should record your recipes." With Pat's help, Alamelu decided to do just that! Pat watched and wrote, reminding Alamelu to stop and measure as she cooked. The ladies would get together on weekends and had no idea what all their work would become. They continued this for many years, but it was more just a fun thing they did together. Other neighbors kept asking if Alamelu

was going to publish her recipes. KV is the visionary of the two and said, "All you need to do is write a proposal." Alamelu always thinks big, so she only sent her cookbook proposal to large publishing companies. Many replied back to her saying her cookbook proposal was interesting, but they didn't have the funds. After 16 weeks, Alamelu received mail from New York - a contract from Hippocrene Books wanting to publish her cookbook! Alamelu describes the evolution as, "Aromas, friendship, cookbook."

Soon after, Alamelu received a call while at work that the Discovery Channel wanted her to do a segment on TV! Alamelu flew to Philadelphia, not knowing what she was getting herself into. When she walked in to the brightly lit studio, she smelled her cooking and said, "I thought I was cooking?" Alamelu was obviously not experienced with how cooking on TV works - well not yet anyway! Alamelu also had no idea, but



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Cooking is Love

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when she sat down to watch her segment, she realized she was immediately following Julia Child's in the Pantry! You can only imagine how many viewers there were!

Since her first book was received so well, Hippocrene Books wanted a second book, with pictures this time. Alamelu's goal was to create healthy Indian-inspired cooking for people to enjoy, with ingredients you can get at your local market. She wrote two more cookbooks with Pat as co-author - *The Art of South Indian Cooking* (1997) and *Healthy South Indian Cooking* (2008). Alamelu continued with her culinary passion because of all the talk about obesity and diabetes, as well as her experience working in the healthcare industry. The food being offered to patients in healthcare institutes really bothered her - it was just convenient, not healthy, wholesome food. KV supported Alamelu to follow her heart and resign from her job to concentrate on her culinary career. Right after she handed in her resignation letter, she was sitting in her office wondering if she did the right thing, the phone rings. "It's KV saying a reporter from USA Today just called asking for an interview. From that, I knew it was my calling!"

Alamelu asked herself, "What can I do? What will make a difference? Television!" Alamelu was offered a series on MPTV - *Healthful Indian Flavors* with Alamelu. Currently, it is shown all around the country on 222 Create PBS stations. "It's just magical that I'm on this culinary journey and so proud that a show out of Milwaukee is doing so well."

Alamelu went on to publish two more cookbooks. In 2010 she published her first cookbook in India called *Chettinad Kitchen*; her most recent being *Indian Inspired Gluten Free Cooking*, published in 2013. "This book was created because so many people kept asking me if my cooking was gluten-free. I began doing research, took classes on gluten-free cooking, and talked to a lot of dieticians, specifically Margaret Pheifer, who became my co-author."

In January 2013, Alamelu had just finished her *Gluten Free* cookbook, and she and KV were planning a trip to Japan while at their Arizona residence, where they enjoy the warmer weather to relax and unwind. Alamelu took her usual walk, but on this particular day, her life changed drastically. A pickup truck hit her, and she was hospitalized for 40 days with multiple injuries. Doctors said

she was a miracle because there was no major injuries to the head, neck, or spine. She and her family stayed positive, and Alamelu told herself she would be even better than before. She continues to work hard at physical therapy. She feels so grateful for all her family and WFB neighbors' support. "All this support, and my passion of cooking keeps me on track to a full recovery."

Alamelu's family has always supported her culinary journey, but they have also been busy with their own successes. KV's career at UWM spanned teaching and research in Electrical Engineering and Computer Science fields. He also helped with early development of the Computer Science program and served as the chairman of the program for many years. More recently, he was instrumental in starting an innovative interdisciplinary PhD program in Biomedical and Health Informatics in collaboration with the Medical College of Wisconsin, and served as the Program's Co-Director till his retirement in 2008. Although KV is retired, he still teaches a course and mentors students and faculty. He also follows the careers of his students adding, "I like to make a difference and it is so exciting to see them succeed."



Many of them have reached high level positions in industry and academia. He has just completed a book about a philanthropic industrialist in India that tells an inspiring story of human spirit and achievement. The book titled,

Dr. RM. Alagappa Chettiar—Life and Legacies of a Visionary is being printed in India.

Valli Gupta followed in her father's footsteps and attended Notre Dame. Then she went to Marquette for law school. She is now an attorney for US Trust (Bank of America) in Chicago. She and her husband, Dr. Atul Gupta, specializing in infectious diseases, blessed KV and Alamelu with twin grandsons, Surav and Mihir, now three years old. Valli loves to visit for the Fourth of July because nothing compares to the WFB festivities. She even brought her boys this past year while her parents were in Arizona.

Ashok received his undergraduate education at the University of Dayton before joining Dunn and Bradstreet (D&B), a global company that is also among the oldest in the country. He later teamed with two D&B employees in starting a new business in Atlanta and helped it grow dramatically creating several hundred jobs. In his capacity as the

Vice President, Ashok, is now helping grow another company e-Verifile, also based in Atlanta. Even with Ashok in Atlanta, Alamelu shares, "Ashok takes special pride in my culinary activities, and provides me with the extra energy I need to sustain my efforts and to keep me moving forward."

Right now, Alamelu and KV are back in WFB. KV is busy teaching a Computer Engineering course this semester at UWM. Alamelu is trying to stay busy while she heals. She is exploring volunteer opportunities to help spread her message about healthful cooking and eating especially to children, saying, "I want to even transform vegetable haters to vegetable lovers!" Of course, she is also busy with book signings and cooking presentations. Visit Alamelu's website at www.curryonwheels.com for information about her cooking classes, presentations, and much more!

Thank you to the Vairavan family for sharing a little piece of their life and home here in Whitefish Bay. Like the Vairavans, we would love to feature your family in an upcoming edition. Or if you would like to nominate a family please email sblankenheim@bestversionmedia.com.



Whitefish Bay Historical Preservation Commission

“Chronicles of Whitefish Bay” Debuts for Holiday Stroll

When former Village Trustee Tom Fehring published “Images of Whitefish Bay” in 2010, the 128-page book chocked full of historical photos of the Bay, he thought it might get a good response. But he did not suspect that it would so quickly prompt him to begin work on a second book, “Chronicles of Whitefish Bay.”

“Soon after ‘Images’ was published, which was largely a history told through pictures, I started getting a fair number of calls from residents that started along the line, ‘that picture reminds me of....’ It got me thinking that it would make sense to do a second book on the Village’s history, this time as told through the stories and recollections of the people who actually lived it and remembered it,” said Fehring, now a member of the Whitefish Bay Historic Preservation Commission.

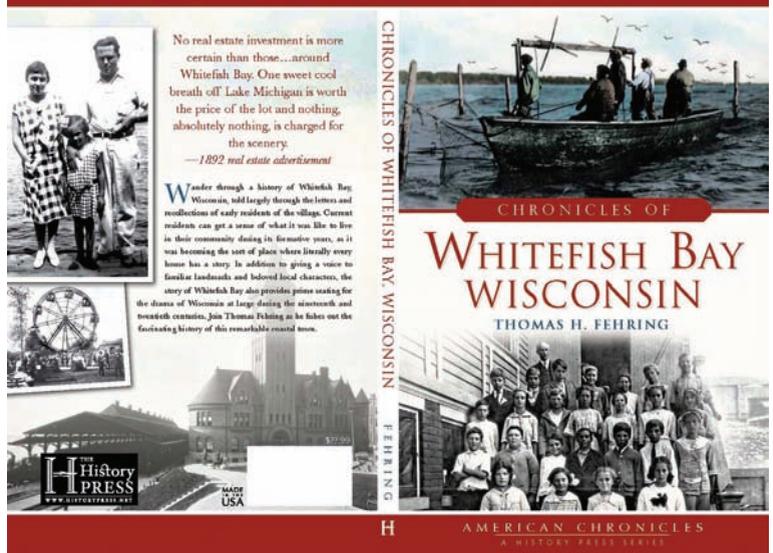
Two years later, “Chronicles” is scheduled for publication in November by History Press, of Charleston, SC. It will be available for shoppers at the November 29th Holiday Stroll and will be sold through the Whitefish Bay Library and area merchants. All of the proceeds, including the author’s royalties, are being returned to the Village to be used for historic preservation in Whitefish Bay.

“I think many residents will find the stories very interesting. They reveal a lot about the community’s early history and provide insights into what life was like in Whitefish Bay in the 1800’s and early 1900’s,” Fehring said.

“There are also tales one might not believe could happen in a quiet little village like Whitefish Bay, such as the Village President who absconded with \$20,000

at Christmas time, never to be seen again; a sensational murder right out of an Alfred Hitchcock movie; and the giant cockroaches which invaded Whitefish Bay,” he added.

“Not only did this project allow me to hear these residents’ entertaining stories, it encouraged them to dig out their old family albums for photos to illustrate the



book. Some of the pictures are well over 100 years old,” Fehring said.

More than 3,000 copies of “Images of Whitefish Bay” have been sold to date, and it continues to be a strong seller. As with “Chronicles,” copies of “Images” can be purchased at the Library and at local stores.

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Sarah, 15, Experienced Babysitter

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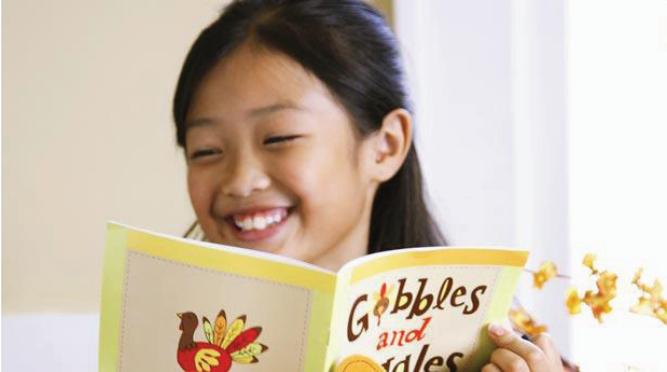
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